

# Lindsay Holy Family/Newman Grove

Jr. Wrestling Tournament

Lindsay Holy Family Gym

Sunday, March 15, 2009

<u>Division</u>	<u>Weigh-ins</u>	<u>Wrestle Times</u>
Pre-Kindergarten—2 <sup>nd</sup>	9:30-10:15 am	11:00 am
3 <sup>rd</sup> —4 <sup>th</sup>	by 10:30	following pre-2nd
5 <sup>th</sup> —6 <sup>th</sup>	by 11:30	following 3 <sup>rd</sup> -4 <sup>th</sup>
7 <sup>th</sup> —8 <sup>th</sup>	by 11:30	following 3 <sup>rd</sup> -4 <sup>th</sup>

**Weight Classes** We will determine the weight classes at the end of weigh-ins. Don't expect to wrestle in your weight class if you are late. Please be on time for weigh-ins. No bull penning. Brackets posted before each round.

**Brackets** 4 man round robins will be used where ever possible.

**Entry Fee** \$10.00 entry fee. You may pre-register by mailing entry form and fee to address below. **Walk-ins welcome (pay at the door)**. Mailed Entries must be received by Friday, March 13, 2009.

**Mail Entries to** Debbie Sueper  
39434 497 Street  
Lindsay, NE 68644

Make checks payable to  
**Lindsay Jr. Wrestling**

**Awards** All participants will receive medals with neck ribbons.

**Officials** Alumni, and varsity wrestlers

**Rules** Pre-6 (3) 1 minute periods. No headlocks for 4<sup>th</sup> and under. Two full size mats divided into 4 sections. Full mats for 7<sup>th</sup> and 8<sup>th</sup> Grade. 7<sup>th</sup> and 8<sup>th</sup> grade three 90 second periods. All periods start in Neutral position. Sudden death one minute overtime.

**Concessions** Food, drink, and candy available all day.

**Admissions** Adults and students \$2.00

**WE ASK THAT EVERYONE (WRESTLERS, COACHES, PARENTS, AND FANS) SET A GOOD EXAMPLE FOR OTHERS BY BEING COURTEOUS AND SHOWING GOOD SPORTSMANSHIP.**

For more information call: Debbie Sueper 402-923-9331 Fax# 402-428-3302 402-920-1441

Day of tournament only: 402-428-3455 402-920-1441 402-920-3380 402-923-9331

In case of bad weather tune to US92 or KZ100 for tournament information.

---

Wrestler's Name \_\_\_\_\_

School or Club \_\_\_\_\_

Grade \_\_\_\_\_ Weight \_\_\_\_\_

**Liability Waiver** In Consideration of our accepting this entry, I hereby for myself, heirs, my executors, directors, workers, Lindsay Little Dogs Wrestling Club, the Lindsay Holy Family/Newman Grove schools and any other workers involved in the 2009 Lindsay Little dogs Jr. Wrestling Tournament.

Parent signature \_\_\_\_\_ Date \_\_\_\_\_