

# **Heartland USA Elementary National Duals 2009**

## **Fremont, NE., April 9<sup>th</sup>, 10<sup>th</sup> and 11<sup>th</sup>**

**Must qualify for the Nebraska USA dual team at the USA folk style state tournament in Grand Island on March 15<sup>th</sup>, 2009.**

We will be taking up to 3 teams this year. We are going to Fremont, NE. Nebraska. USA is hosting this tournament and its great to have it right here in our own state. The weight classes for the 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> grade at USA State are the same as the Heartland USA Elementary National dual weights. The dual team is for 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> graders. You can not be 14 years old. The lowest weight class this year is 50 lbs. If you want to be on the Nebraska USA Elementary dual team, you must be at the Nebraska USA state tournament and place 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> in your weight class for the 5<sup>th</sup> and 6<sup>th</sup> grade division or 1<sup>st</sup> or 2<sup>nd</sup> in the 3<sup>rd</sup> and 4<sup>th</sup> grade division. There will be some wrestle offs in the lower weight classes (60, 65, 70, 75, and 80) to give the champions in the 3<sup>rd</sup> and 4<sup>th</sup> grade a chance to make one of the three dual teams. The runner-up of the 3<sup>rd</sup> and 4<sup>th</sup> grade division may have the opportunity to wrestle-off the 3<sup>rd</sup> place wrestler of the 5<sup>th</sup> and 6<sup>th</sup> grade division only. There will only be a maximum of two wrestle-offs per 3<sup>rd</sup> and 4<sup>th</sup> grade champion, so chose your opponent wisely when trying to make the teams. These additional wrestle offs will be at the discretion of the Nebraska USA Directors. Once the wrestle-off has been approved, the champion in the 3<sup>rd</sup> and 4<sup>th</sup> grade division will challenge one of the three place winners of the 5<sup>th</sup> and 6<sup>th</sup> grade division. If the 3<sup>rd</sup> and 4<sup>th</sup> grade champion loses, he will have one more wrestle-off that he can challenge. If he wins, the defeated wrestler drops down to the next dual team and so on. For example: If a champion in the 3<sup>rd</sup> and 4<sup>th</sup> grade division wrestles off against the champion in the 5<sup>th</sup> and 6<sup>th</sup> grade division and wins, he now has the number 1 spot on the first team. The champion that lost goes to 2<sup>nd</sup> team and the previous 2<sup>nd</sup> team member goes to 3<sup>rd</sup> team and the previous 3<sup>rd</sup> team member is no longer on one of the dual teams. The cost per wrestler is \$225. This includes all expenses for the weekend: meals, entry fee, t-shirt, shorts, singlet and now new jackets. You get to keep the entire clothing package including the warm-up jackets. All wrestlers should bring some additional cash to buy snacks or event t-shirts if they choose. We do require payment by check to be given at the State Tournament. Please come prepared. The check is to be made out to Nebraska USA Wrestling. We are also looking for donations, so if you can do your part in your area of the State, it would be appreciated.

The weight classes are as follows: **50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, and 140**

The Heartland USA Elementary National Duals is on April 9<sup>th</sup>, 10<sup>th</sup> and 11<sup>th</sup>. It will be held at Midland Lutheran College in Fremont, Nebraska.

Good luck and see you at State in Grand Island.

Sincerely,

Fred Franklin  
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