



Nebraska USA Wrestling State Freestyle/Greco Roman Tournament



Hosted By

Millard North High School Omaha, Nebraska

Schedule of Events

Saturday, May 2, 2009

	<u>Division</u>	<u>Registration</u>	<u>Weigh Ins</u>	<u>Start Time</u>	<u>Style</u>
Session 1					
	Bantam	7:30 a.m.	8:00 a.m.	10:00 a.m.	Greco
	Midget	7:30 a.m.	8:00 a.m.	10:00 a.m.	Greco
	Novice	7:30 a.m.	8:00 a.m.	10:00 a.m.	Greco
	Schoolboy	7:30 a.m.	8:00 a.m.	10:00 a.m.	Greco
	Cadet	7:30 a.m.	8:00 a.m.	10:00 a.m.	Greco
	Juniors	7:30 a.m.	8:00 a.m.	10:00 a.m.	Freestyle
Session 2					
	Bantam	11:30 a.m.	12:00 p.m.	Immediately	Freestyle
	Midget	11:30 a.m.	12:00 p.m.	following	Freestyle
	Novice	11:30 a.m.	12:00 p.m.	bracketing,	Freestyle
	Schoolboy	11:30 a.m.	12:00 p.m.	approximately	Freestyle
	Cadet	11:30 a.m.	12:00 p.m.	½ hour after	Freestyle
	Juniors	11:30 a.m.	12:00 p.m.	Session 1.	Greco

*** Only weigh in one time, must weigh in with a singlet, ***
*** and must be present at the start of weigh ins. ***

2009 Age Division and Weight Classes

Bantam (2001–02)	40, 45, 50, 55, 60, 65, 70, 75, 75+
Intermediate (1999-2000)	50, 55, 60, 65, 70, 75, 80, 87, 95, 103, 112, 120, 120+
Novice (1997-98)	60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 140, 140+
Schoolboy (1995-96)	70, 77, 84, 91, 98, 105, 112, 120, 128, 136, 144, 152, 160, 175, 190, 210, 265
Cadet (1993-94)	84, 91, 98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 275
Juniors (Born 9/1/89 & after, plus enrolled in grades 9-12)	98, 105, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 275

